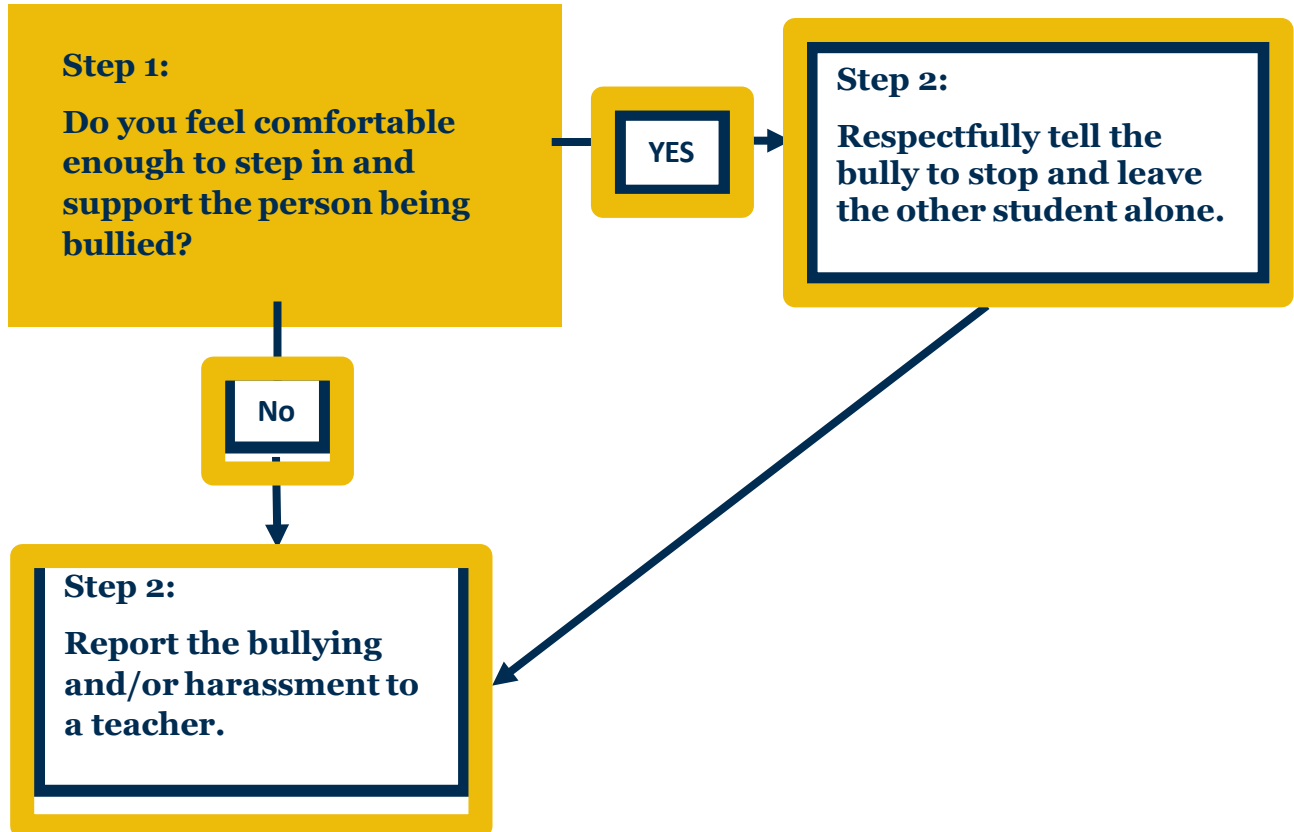




GOULBURN HIGH SCHOOL

Anti Bullying Procedures

IF YOU WITNESS BULLYING AND HARASSMENT



CONTACT PEOPLE

Principal: Mr Mani
Deputy Principals: Mrs Hyland
Mr Yee
Head Teacher
Wellbeing: Ms Whiley
ARCO: Mr Mani

YEAR ADVISORS

Year 7: Ms Wursten
Year 8: Mr Sherlock
Year 9: Ms Clements
Year 10: Ms Murray
Year 11: Mrs Handley
Year 12: Mrs Eagles

STUDENT ADVISORS:

Girls' Advisor: Miss Travers **Boys' Advisor:** Mr Strode

RESPECT

RESPONSIBILITY

RESILIENCE



GOULBURN HIGH SCHOOL

IF YOUR CHILD IS BEING BULLIED OR HARASSED

Step 1:

Listen carefully to your child's reports of being bullied. Take the problem seriously but do not overreact.

Step 2:

**Encourage your child to tell the bully to stop if he/she hasn't already done so.
Don't encourage your child to hit the bully. Violence does not solve the problem.**

Step 3:

Encourage your child to tell a teacher about the bullying and/or harassment.

Step 4:

Contact the school and speak to your child's Year Advisor and/or the Deputy Principal to discuss the situation

Step 5:

Keep talking to your child about the situation and stay in contact with the school so the issue can be resolved.

Step 2:

If you believe the bullying incident is serious and your child is at risk contact the school and speak to the Year Adviser and/or Deputy Principal

RESPECT

RESPONSIBILITY

RESILIENCE



GOULBURN HIGH SCHOOL

IF YOU ARE A BULLY

Step 1:

STOP, when asked to stop.
Try to solve the problem yourself.

WELL DONE!

You stopped!

THINK!

What did I do to upset someone?

Was I breaking the school rules?

Why am I a bully?

Step 2:

You didn't stop. **YOU WILL BE REPORTED** to a staff member, the incident will be recorded on your profile and a warning given. Your parents will be informed.

OPTIONS:

- Mediation
- Counselling
- Anti-Bullying program

SOLVING THE PROBLEM

Step 3:

Your behaviour hasn't changed! You will be reported to the subject Head Teacher and/or the Deputy Principal and your parents will be informed.

On return from Suspension you will be expected to -

Step 4:

**SUSPENSION
PROCEDURES**



GOULBURN HIGH SCHOOL

IF YOU ARE BEING BULLIED OR HARASSED

Step 1:

Say "NO" or "STOP" and try to solve the problem.

WELL DONE!

You have shown resilience.
You fixed it yourself.

Step 2:

If it doesn't stop, tell someone (teachers, parents/caregivers). The incident will be recorded and a warning given to the bully, and strategies will be provided to help you.

OPTIONS:

- Mediation
- Counselling
- Resilience program

SOLVING THE PROBLEM

Step 3:

Problem has not been resolved. The incident will now be referred to the subject Head Teacher and/or the Deputy Principal and the bully will be dealt with

Helpful Hints for Coping with Harassment:

1. Resolve conflict with calm words and try for a win/win outcome. Leadership involves compromise.
2. Never pass on gossip, this can be hurtful to others and make them angry with you.
3. Never allow yourself to be drawn into harassing others, this could lead to retaliation against you
4. Use protective actions; stay in groups in the playground and avoid 'out of bounds' areas

RESPECT

RESPONSIBILITY

RESILIENCE