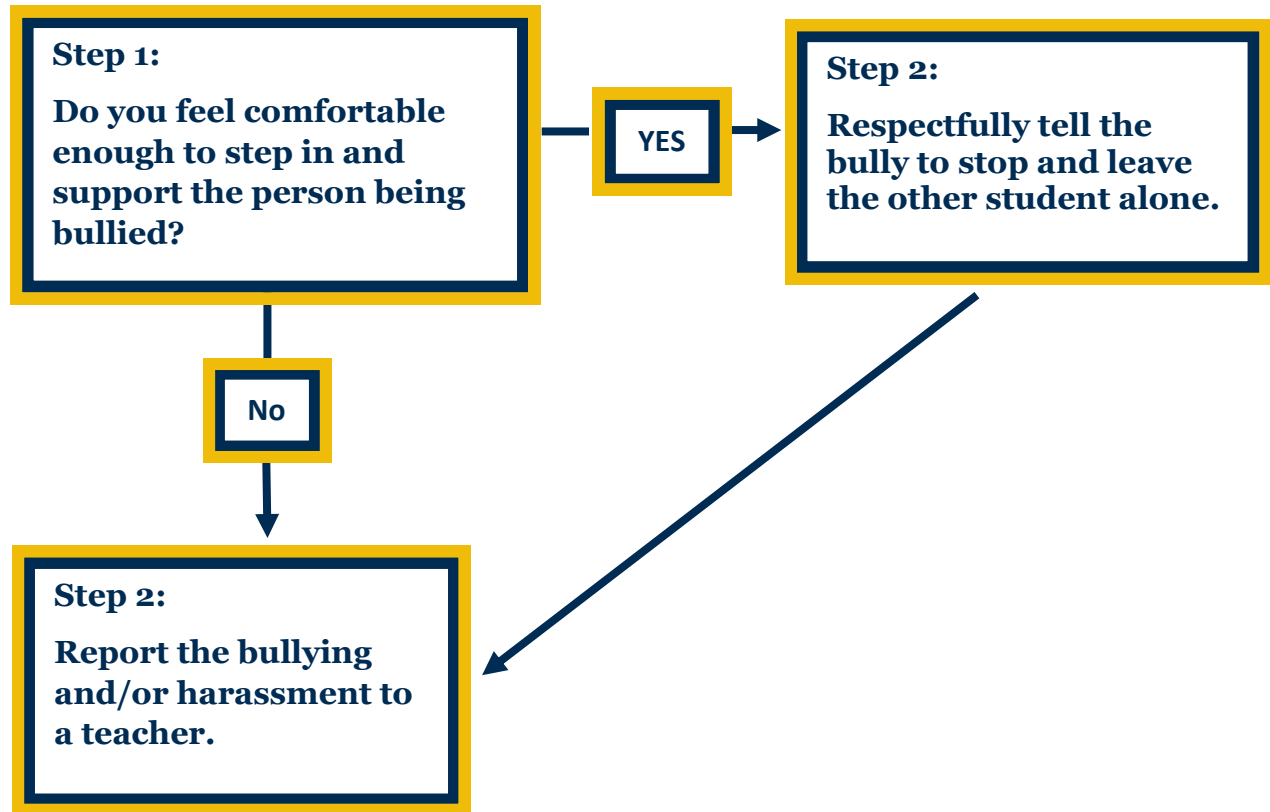




# GOULBURN HIGH SCHOOL

## Anti Bullying Procedure

### IF YOU WITNESS BULLYING AND HARASSMENT



#### CONTACT PEOPLE

**Principal:**

Mr Y Mani

#### YEAR ADVISORS

**Deputy Principals:**

Mrs K Hyland  
Mr J Yee  
Mrs K McCormick

Year 7: Mrs M Arki  
Year 8: Mr M Phelps  
Year 9: Mr J Chin  
Year 10: Mr C Sherlock  
Year 11: Ms D Clements  
Year 12: Ms S Murray

**Head Teacher  
Wellbeing:**

Mrs R Croker

**ARCO:**

Mr Y Mani

#### STUDENT ADVISORS:

**Girls' Advisors:** Ms R Travers  
Mrs R Croker

**Boys' Advisors:** Mr A Strode  
Mr P Robertson



# GOULBURN HIGH SCHOOL

## IF YOUR CHILD IS BEING BULLIED OR HARASSED

### Step 1:

**Listen carefully to your child's reports of being bullied. Take the problem seriously but do not overreact.**



### Step 2:

**Encourage your child to tell the bully to stop if he/she hasn't already done so.  
Don't encourage your child to hit the bully. Violence does not solve the problem.**



### Step 3:

**Encourage your child to tell a teacher about the bullying and/or harassment.**



### Step 4:

**Contact the school and speak to your child's Year Advisor and/or the Deputy Principal to discuss the situation**



### Step 5:

**Keep talking to your child about the situation and stay in contact with the school so the issue can be resolved.**

### Step 2:

**If you believe the bullying incident is serious and your child is at risk contact the school and speak to the Year Adviser and/or Deputy Principal**





# GOULBURN HIGH SCHOOL

## IF YOU ARE A BULLY

### Step 1:

**STOP, when asked to stop.  
Try to solve the problem  
yourself.**

**WELL DONE!**

**You stopped!**

**THINK!**

**What did I do to upset  
someone?**

**Was I breaking the school  
rules?**

**Why am I a bully?**

### Step 2:

**You didn't stop. YOU WILL  
BE REPORTED to a staff  
member, the incident will  
be recorded on your pro-  
file and a warning given.  
Your parents will be in-  
formed.**

### OPTIONS:

- Mediation
- Counselling
- Anti-Bullying program

**SOLVING THE PROBLEM**

### Step 3:

**Your behaviour hasn't  
changed! You will be  
reported to the subject  
Head Teacher and/or the  
Deputy Principal and your  
parents will be informed.**

### Step 4:

**SUSPENSION  
PROCEDURES**



# GOULBURN HIGH SCHOOL

## IF YOU ARE BEING BULLIED OR HARASSED

### Step 1:

Say "NO" or "STOP" and try to solve the problem.

### WELL DONE!

You have shown resilience.  
You fixed it yourself.

### Step 2:

If it doesn't stop, tell someone (teachers, parents/caregivers). The incident will be recorded and a warning given to the bully, and strategies will be provided to help you.

### OPTIONS:

- Mediation
- Counselling
- Resilience program

### SOLVING THE PROBLEM

### Step 3:

Problem has not been resolved. The incident will now be referred to the subject Head Teacher and/or the Deputy Principal and the bully will be dealt with

### Helpful Hints for Coping with Harassment:

1. Resolve conflict with calm words and try for a win/win outcome. Leadership involves compromise.
2. Never pass on gossip, this can be hurtful to others and make them angry with you.
3. Never allow yourself to be drawn into harassing others, this could lead to retaliation against you
4. Use protective actions; stay in groups in the playground and avoid 'out of bounds' areas