



Goulburn High School

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23rd October 2013

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10/13

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Our leadership classes in Year 9 and 10 attended SPAC Expo 2013 and helped students from kindergarten to Year 6 enjoy themselves in a fun and educational environment.

A heartfelt thank you to the Goulburn Soldiers Club for sponsoring Jackson Kofod and former GHS student, Brayden Fenwick, allowing them to experience the Kokoda Track last month.





Principal's Report

Welcome back to the start of Term 4. This will be a slightly longer term, eleven weeks, with students finishing on Wednesday 18th December. Students across all years will be undertaking their yearly examinations shortly. Students have been notified of these dates. Year 12 are currently completing their HSC examinations and I would like to thank the rest of the school for ensuring that the area in which the examinations are being conducted is kept quiet. Students will receive their results for the HSC in early December.

Currently the school is planning to survey parents in relation to the use and availability of technology devices. The State Government will not be issuing lap top computers to Year 9 students from 2014 and has therefore asked the school to develop a "Bring Your Own Device" policy. The information collected will assist our school to develop a policy that will assist parents and students on the type of devices that students could use at our school. The use of technology in learning continues to grow and as a school we need to ensure that our students are well equipped for their learning with devices that will operate effectively.

Four students and six staff participated in the Korean Exchange excursion during the holidays. This was a very successful trip and I would like to personally thank Mr Joseph for organising this opportunity. A more detailed report can be found on page four and five in this newsletter.

Congratulations to Jackson Kofod (Y11) who successfully completed the Kokoda Trail last month. We are all looking forward to his presentation at a later formal assembly. Thank you to the Goulburn Soldiers Club for sponsoring and providing the opportunity for our students to participate in this once in a lifetime event.

A reminder to parents that outstanding fees are due for students who have elected courses that have a fee or students participating in mandatory courses. It is important to understand that money generated from fees helps the school to provide quality resources and materials for our students.

Aussie Home Loans of Goulburn have developed a new program (ASK: Aussie Support Kids) to assist all the local schools in the area to give students who may be experiencing financial constraints the opportunity to participate and excel in a range of educational and extracurricular activities.

Every school has access to the Student Assistance Program (SAP) which contributes to items such as uniforms and school excursions etc. The ASK program does not replace SAP, it simply contributes to items such as: musical instruments, music tuition, sporting fees, sports equipment and registration fees. More information can be found on page ten of this newsletter.

I would like to wish all students and staff a very enjoyable and productive term.

Peter Browne

Two Year 10 students are sponsoring a child in Africa through World Vision

Chelsea Clune and Mitchell Webster in Year 10 have made a very mature decision to spend some of their pocket money to help a girl in Uganda have a better life. Mercy Oyella lives in the Kitgum Area Development Program in Uganda with her parents,

two brothers and two sisters. The majority of people in Kitgum are Luo and speak Acholi. Mercy is attending school in Year 1. Chelsea and Mitchell will write to Mercy soon and tell her all about Australia, Goulburn High School and kangaroos. Watch this space for updates on Mercy.



Sport and Culture Expo part 1

On the 10th and 11th of September 2013 the year 10 Leadership class and some students from the year 9 Leadership class attended the SPAC EXPO. The SPAC EXPO goes for a maximum of two days and is held at the Carr Convoy Park in Eastgrove. Public, private and surrounding schools of Goulburn are invited to attend.

The jobs undertaken by the students from Goulburn High included being a cluster manager, working in the canteen serving tea and coffee, cooking sausages and serving lunch, event management making sure that everything ran smoothly throughout the two days, and also handing out water throughout the day to the presenters of the activities and teachers.

Some activities that were held throughout the SPAC EXPO were the dinosaur exhibit, dancing, police, touch football, soccer, bowls, golf, meditation, wheelchair basketball, ping pong, AFL and more.



This year it was kindergarten to year 3's turn to attend. It was great to see such enthusiastic attitudes, fun, laughter and huge smiles on their faces all day. Overall, the days were a huge success with lovely weather and huge attendance. We would definitely do it again next year!

Written by Tiana Saxby & Kirralee Zylstra

Sport and Culture Expo part 2

SPAC Expo took place over two days on the 10th and 11th of September. The weather was very windy and kind of cold. I enjoyed it because I liked having fun and communicating on the walkie talkies with the others taking charge. I liked seeing my friends from Mulwaree and catching up and seeing teachers from my old primary school.



My job was cluster manager, in the pink cluster. The first day it all went well and it was fun taking charge. The second day was hard as schools had muddled up some of the clusters in my area and an activity didn't run, but it all sorted out when I went to seek help from others.

The sausage sangas were the best. I devoured too many because they were so tasty. I enjoyed watching the policemen destroy a car. I had always wondered what they do in emergencies to get people out of cars.

Watching some of the activities in my cluster as well as the others around my area was entertaining and funny seeing the little kids get so excited and having a blast. All the teachers were all so nice and were easy to talk to. They were easy going and were very grateful not just to me, but everyone there who was helping out.

Written by Mikayla Evans



Korea Exchange Trip

The feeling at the airport was one of excitement, anticipation and uncertainty. We were travelling to a country that had ten million people in the capital alone. Well-travelled and not so well-travelled people from five different schools congregated at Sydney International Airport at 7 am on the first day of the school holidays to fly to, for some the first time, an exotic location. After a third check that everyone had their passport, we ventured through the airport gates to the unknown: South Korea. Expectations were exceeded. The best pork you've ever eaten, beautiful volcanoes, museums, beaches, extremely long bridges, incredible shopping (we may have bought every Converse shoe in Jeju) and delightful weather: and this was only the half of it.

The Goulburn High crew: Mr Brown, Mr Joseph, Mrs Joseph, Mr Mani, Mr Mackay, Miss Hayes and four students: Sophie Weston, Bella Cangelosi, Warren Davey and Justin Taylor, arrived at the Youth Hostel in Seoul ten hours after leaving Sydney. It was not long before we realised that McDonalds delivers to your door, you leave all shoes at the door (even in restaurants) and that Seoul really does have a lot of people (who all live in apartments, not houses). The hostel was a great place to stay because we had the opportunity to meet people from Fig Tree HS, Scone HS, Waratah HS and Moss Vale HS.

The obvious divide between North and South Korea is something we will remember forever. Ten foot wired gates patrolled by men carrying AK-47s divide the communist North and South regions of Korea. The people of South Korea seem so happy for a country that experienced war for many years. The South Korean people are very proud and happy of their history and our understanding of this was confirmed by our visits to temples and museums. The D.M.Z Observation Deck gave us an insight into the history of war between the North and South. You could see North Korea only two kilometres from the Southern deck. These gates divide the borders of both countries and can be seen throughout the city.





Day two saw GHS and Scone catch another jet to the most southern part of Korea, Jeju Island. Jeju was a beautiful place and everyone's favourite. It was much quieter and had qualities that reminded us of home. Long sandy beaches, high mountain peaks and friendly people are what we will remember about Jeju. When the plane landed our host school, Jeju Dong Girls, was waiting for us in arrivals. Sophie, Warren, Bella and Justin drove off to meet their host families and the teachers were escorted for a traditional meal (on the floor) with their Korean colleagues. Eating on low tables on the floor was a good experience but not something that is easy for the average-sized Aussie.

Going to school in Korea was an experience we will never forget. It was like being Harry Styles. The Korean students loved us. It was such a surprise and we all felt like celebrities. The girls followed us everywhere. We have never had so many photos taken and it was such a delight to be so well-received. The boys even got some love letters. An athletic running track, shooting range, large cafeteria and forest are just some of the options available at the school (the students even take their shoes off at school). The best part of this day was seeing Mr Mackay stack it on the ground trying to roller-skate. He was very lucky to have so many Korean students pick him up time and time again. Miss Hayes was the only other teacher game enough to have a try and she skated like a professional!

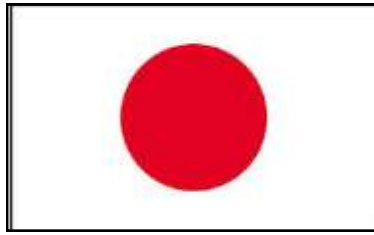
The next few days we enjoyed being celebrities at school and were involved in all school life. On the final day, the school performed a mini-concert for us and the English teacher, Shim as we called her, had her K-Pop dance crew perform for us. The kids swamped the stage when her crew performed to Gentleman by PSY, mimicking the dance moves and screaming to the song. It was like nothing we had ever seen before.

One of the best parts of the trip was exploring the lava tubes and caves. In the middle of Jeju lies a dormant volcano and we were able to walk through parts of it. This seemed to be Mr Brown's favourite place (being a Science teacher who loves rocks). The south side of Jeju was also very beautiful. Luscious sandy beaches continued for miles and we got to place a stone on some very interesting piles on the beach. The most fascinating thing about Jeju is the women divers. They dive 10-20 m into the ocean without scuba gear to collect seafood. These women are also around 60-70 years of age.

The last weekend of the trip was wonderful. We visited beautiful beaches, walked through expensive resorts, shopped until we dropped, climbed a beautiful volcanic crater and got amazing photos of luscious waterfalls. We even tried worms! Unfortunately, the trip had to come to an end. We said our goodbyes, with lots of tears, and boarded our plane to Sydney. Many thanks go out to Mr Joseph for his organisation skills, to the teachers who accompanied students on the trip and to the students, who represented GHS very well.

Miss Kristy Hayes





Korean and Japanese clothing in Cultural Studies

A few days ago four students from 8T in Cultural Studies got to try on traditional clothing from Korea. Two of them were able to try on Garot clothing, which is a type of working and everyday dress in Korea. The other two were allowed to wear a Kimono, which is a more formal, traditional clothing from Japan.

It was nice to learn about their culture and tradition and also quite humorous to watch students from our class step out of their comfort zone and experience what people in Korea and Japan were like and see how different their clothing is to what we wear.

Shamara Todkill, Livia Minkin and Romella Burke.

ANU Marine Studies Visit

On Thursday 17th October, classes 8P and 8A participated in a Marine Studies Workshop provided by Marine Biologists Chris and Mae from the Australian National University. Chris and Mae prepared an interactive PowerPoint presentation for the students in Year 8, outlining their new-found understanding of the marine world, and what it means to do tertiary science and research. Chris explained to the students his career as a fish biologist, where he travels to the Great Barrier Reef, French Polynesia and the Red Sea to do his work, in between teaching at the Australian National University. Chris also provided students with some interesting facts about fish and how they survive in cold water by using adaptations like a brain/eye heat sensor or a particular muscle. Students also learnt that whales can be attacked by giant squid which grow up to 16 metres long and how a whale can complete multiple tasks under the ocean on one breath. Students had the opportunity to ask Chris and Mae about their research projects. Students from 8P were able to swap fishing stories and gain an insight of what bait to use when fishing for the “big one” to prevent them from getting away, for example, cheese moulded into the shape of a witchety grub. Year 8 would like to thank Mrs Hyland for organising the visit from the Marine Biologists as it gave them an insight into the ever changing ocean world.

Year 8P and 8A Students



Sports Report

Tiana Saxby recently competed in the Australian Junior Squash Championships held in Canberra. She was ranked 10th at the beginning of the competition and fought hard to finish in 4th place. This is an outstanding achievement and we wish Tiana all the very best when she competes at the Oceania Competition in January 2014.

The longest running inter-school sporting competition, SMITH CUP, is set to take place on Friday the 25th October. Students have been filling up a number of sporting teams and training hard for what will hopefully be yet another successful year for Goulburn High School. A big 'thank you' to all the students who have signed up for teams, and to the staff who are coordinating and coaching teams. Watch this space to see how we go!!!

Stay Active

GHS PDHPE Dept.



Science and Engineering Super Challenge

On the 10th of September, 21 Year 10 students and 5 Year 9 students travelled to Sydney to compete in the Ausgrid Sth NSW Science and Engineering Super Challenge. By competing successfully at the local and regional levels, Goulburn High School earned the right to participate in this prestigious event which included 15 other schools from southern NSW. This was a significant achievement for Goulburn High School, as it was the first time we have progressed so far in this competition. Moreover, the majority of the schools which attended were private or selective high schools and several staff members from these schools commented that it was an exceptional effort for a small, comprehensive high school to progress so far. On the day, our students had fun and competed admirably. However, only one school was able to progress to the National Final and the students from Sydney Boys High earned this right. Mr O'Reilly





My experience walking the Kokoda

The Kodoka Trail was an amazing experience, and if I was offered it again, I would take it in a heartbeat. The hike lasted 10 days and was the hardest, most arduous hike I have ever undertaken, both mentally and physically. There are usually two people selected from year eleven but this year four young adults went from Goulburn, with 44 from all over NSW from our youngest aged 16 (me and a few others) to 25.

The groups were split up into a small and large group; everyone from Goulburn was in the larger group of 29. The two groups went from a separate end of the trek and our group started from Owers Corner (the same end as the Australian troops). From Owers Corner our group traversed down a steep mountain to the Goldie River where we stayed for the first night. From there our trip only got harder, as we walked with 16-20kg on our back, trekking across the steep mountains of the Owen Stanley Ranges.

From Goldie River we got up at 5am and left by 6am. We headed for Ioribaiwa, the village we stayed at for our second day. With our shoulders sore, our feet blistering and our clothes wet, we set out again the next morning at 6am and made our way to the next village. From village to village we would go - mornings were usually hot, followed by a humid, wet and rainy afternoon that would leave our clothes wet for the night.

On the fourth day we reached Menari. The village was full of Papuans from surrounding villages who had gathered for a celebration that lasted the night and woke most of us up at 4am the next day. From Menari we

only had one mountain to get over and we were at the halfway point of Efogi 1 on our fifth day. We had a bag of supplies for each person dropped in at the airfield next to the village, where we celebrated the fresh supply of snacks, toilet paper and anything else we had received.





By the morning of the sixth day, I had overcome most of the physical and mental stress and learnt how to conquer the trek. It was something that has taught me how to overcome nearly any obstacle thrown at me. We trekked on from there and the days melted together, and I only have the memory of those challenges: the hike



downhill in almost total darkness, with it raining and the trek being slippery and muddy. Sharing fond and funny moments with the friends I made that were having the same tough experiences. Reaching one of the last villages and having a platter of passionfruit, mandarins and bananas for an afternoon snack and then having baked potatoes and corn with dinner was one of the biggest feeds we had on the trek. Playing touch football with some of the Papuans inside a cloud and trying to run with them after days of hiking left our calf muscles in a painful state.

By the time we reached camp on the ninth day the only thing going through our heads was “Yes! Two more days to go!” until we reached the campsite. As we came out of the bush we saw two Australian Blackhawk helicopters. We approached the RAAF troops and talked with them for a while and then got inside and snapped a few photos of the Blackhawks. We enjoyed the afternoon off and sat around the memorial listening to stories of each other’s lives, like Rob’s experiences in Afghanistan as an Infantry Officer.

The last two days were just a downhill trip to Kokoda, which was a one day hike split into two days. Our last night was spent in the village of Hoi where we were given our carved stick and listened again to the Papuan National Anthem. We had another feast dinner with chicken and potato strips stuck together.

The eleventh day was a 6km walk on flat land towards the village of Kokoda, where we boarded a plane and went to Port Moresby to spent our last night at Segeri before going home.

Jackson Koford





Aussie Goulburn Supporting Kids

**For every settled loan we donate \$50-\$100
to the ASK fund**

For a free appointment give Jeff or Matt a call at:

Aussie Goulburn
126A Auburn Street, Goulburn, NSW 2580
Tel: 02 4821 1540 Fax: 02 4821 1546
aussie.com.au/goulburn

It's Smart to Ask



PBS—Positive Behaviour for Success

Our PBS focus this term is to implement our new SPARS (Student Positive Achievement Rewards System) program. Students can earn GHS Dollars (no real monetary value) by demonstrating our school values in the classroom and playground. The GHS Dollars help students to progress through the levels of Merit, Bronze, Silver and Gold and also count as House Points. Students also receive extra points for satisfactorily fulfilling expectations such as wearing correct uniform (including correct shoes) each day. The Dollars can also be used to allow students to purchase the opportunity to participate in special reward excursions each term (students will still have to pay any actual excursions costs).



Goulburn Mulwaree Council, in conjunction with the Roads and Maritime Services, are working together to help LEARNER DRIVERS become safer.

There will be a **FREE Workshop Wednesday 6th November** for Learner Drivers and Supervisors, to be held in Goulburn, which aims to provide advice about:

*Confidently and effectively supervising learner drivers

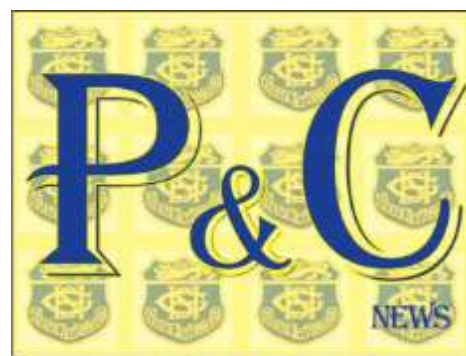
*Understanding new laws for Learners and driver Log Books.

There will also be a **LOG BOOK RUN Sunday 10th November 11AM**

The Log Book Run follows a route around Goulburn that includes a wide range of driving conditions and tasks ending up at the Police Driver Training Centre for further tips on safe driving. (Must have a minimum of 30 hours up)

The Rotary Club of Goulburn will marshal the logbook run, provide a free BBQ AND OFFER FEEDBACK ON DRIVERS' PRACTICE NEEDS.

Bookings are essential – for more information or to register, contact Council Road Safety Officer on 4823 4510 or email tracey.norberg@goulburn.nsw.gov.au



Our October P & C meeting was attended by both Principal Mr Browne and acting Deputy Principal Mr Mani. Mr Browne gave an update on current school activities and issues. Hot topics discussed were the government's "Bring Your Own Device" program, selection of the new school photographer, possible uniform changes, presentation night and future school functions and excursions.

Your P & C meet on the second Wednesday of every month at 7pm in the M Block Common Room. We are a small group consisting of parents, grandparents and passionate citizens. We gladly welcome new people at any meeting.

We try to keep the meetings as casual as possible. Meetings are usually concluded by 8:30-9pm. We understand everyone leads a busy life – the small group that attend are great examples of that. We work full-time, live out of town, have young children at home and are busy running our children to work and sporting events.

Attending P & C is not a huge commitment. A couple of hours once a month, and due to school holidays we only meet 7-9 times a year. We don't expect you to be able to attend every meeting. We have a \$2 annual membership fee which entitles you to vote on important issues and also to receive the minutes of each meeting by email. No-one is asked to do anything more than they are comfortable with.

Your P & C is in danger of folding in 2014 if we do not have new members. This would be a great shame if parents didn't have their say in issues that greatly concern their (YOUR!) children. Please think about joining - maybe with a friend - and come along to a meeting.

I am approaching the end of my time as a GHS parent. I have attended P & C during these years and found the meetings invaluable. With high school students I am sure you will appreciate that not all information finds its way home to you. P & C has given me the chance to hear about important issues within the school and to obtain answers on any concerns I have had. It has also allowed me to build a rapport with staff and hence feel comfortable contacting them when needed. I urge you to become involved in your children's education. It is valuable for both yourself and your child.

The final meeting of 2013 is our annual dinner meeting at the Centretown on Wednesday 13th Nov at 7pm. We buy our own dinner from the menu and conduct the meeting between courses. Everyone is welcome. We will need RSVP's by Wednesday 6th Nov please.

The dates for our 2014 meetings are as follows:

12 th February	12 th March	9 th April
14 th May	11 th June	13 th August
10 th September	8 th October	12 th November – dinner meeting

If you have any enquiries, please contact me at sbladwell@gmail.com or our President Paula Geary in the school office.

Shiree Bladwell

GHS P & C Secretary

What's on this term

24th October	-	Year 8 'A Taste of ANU' excursion
25th October	-	SMITH CUP AT BOWRAL
28th October	-	Year 7 End of Year Examinations—in class (all week)
4th November	-	Year 8/9/10 End of Year Examinations—in the hall (all week)
		Year 12 Art students to paint a mural at Neate Swim School (2 days)
6th November	-	Year 11 English Extension 1 HSC Study Day in Moss Vale
7th November	-	Year 7/8 girls knockout touch football in Bathurst
8th November	-	Year 11 English Extension 2 HSC Study Day in Sydney
12th November	-	Year 8 ESSA test
13th November	-	Year 6 to 7 Orientation Day
		Year 6 to 7 Parent Information Night
14th November	-	Year 9 'Party Safe' Lecture - periods 1/2
6th December	-	Year 10 Excursion to Luna Park
12th December	-	Year 12 Chemistry Excursion
		Presentation Evening
13th December	-	Year 11 Great Barrier Reef Excursion (6 days)
16th December	-	End of Year Activity week (3 days)

Welcome to our school farm

We would like to congratulate one of our school cows, Lilly, on the birth of a beautiful calf, Seamus. She had trouble producing enough milk for her son at first, but with gentle massaging and Lilly feasting on gourmet hay biscuits twice a day, Seamus is growing into a strong young bull calf. Holly Beard, 2014 Year 11 Primary Industries student, is hoping to train up Seamus to compete in the Bull Classes at the cattle shows all around NSW and continue our strong and successful presence at the Canberra Show and Sydney Easter Show. Welcome, Seamus.



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- Jim Brewer Property Sale
- *Cabra Prints*
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- Gehl's Garden Centre
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Thanks!

If you have any enquiries regarding the newsletter, please email

heidi.maltan@det.nsw.edu.au.