



Goul Burn High School Newsletter



10/12

2nd November 2016 goulburn-h.school@det.nsw.edu.au



Congratulations to Aleisha Crawford for successfully completing her school based Business Services Traineeship with the Department of Housing. Aleisha has not only finished her traineeship, she has also completed a Certificate III in Tourism, studied through OTEN, and has received a Statement of Attainment towards Certificate III Early Childhood Education and Care. Well done Aleisha!

We have had an array of excursions already this term and there are many more to come, offering a variety of opportunities to our students through hands-on learning, outdoor education, and the visiting of businesses and/or cultural and historical areas. Years 9 and 11 Photography students were in for a treat at the Art Gallery of NSW and the Stills Gallery in Sydney last week immersing themselves in the Visual Arts.





Principal's Report

There have been so many happenings at the school since our last newsletter that I am at risk of forgetting something – my apologies if I do! We recently hosted the Smith Cup, our annual sporting competition with Bowral High School. Whilst we did not win, we only went down by one point, and I know we will be bigger and better next year. A big thank you to Mr Russell and his team for a great day, and to the students and staff for their efforts.

We had a number of teams and individuals performing at high levels in a variety of areas, including debating, cricket, touch, basketball, as well as individual student performances at state level athletics. Ellen Ryan, a former student of our school (y12 2015) and currently employed at Goulburn High, has just been inducted in the Goulburn Sporting Hall of Fame for her achievements in lawn bowls. What an amazing way to recognise Ellen's hard work and dedication. I am so proud of our students and staff for their willingness to do their best and go out of their comfort zones. They truly hold up our school values.

We are moving to modify our school values after a comprehensive consultation process with our school community. Our new values will be "Respect, Responsibility, Resilience", replacing our current "Aim High, Be Positive, Be Considerate, Be Responsible, Respect Yourself, Others, and the Environment". Our new values still capture the essence of our current values, but are more concise, and aligned to our school plan.

Our Principal position has been advertised and interviews conducted with a successful candidate being appointed. By the time of publication of this newsletter, the mandatory 10 day appeals period will not yet be over, so I cannot yet publically reveal their name. We look forward to working with the new Principal when they begin their role in 2017.

Vero Joseph



International Studies Thai Lunch

After recess we walked to Ban Thai to have lunch. It was a good experience eating Thai food. Thai food is fresh food. They have different flavours not like other Asian cuisine. Some of us ordered Pad Thai (noodles), Yellow Curry Beef, Special Fried Rice and much more. I had Pad Prig Thai King Prawns. We had a good day of tasting Thai food and it was the first time for Jordan Clark to taste Thai food.

He enjoyed his food Yellow Curry Beef very much. "I wanna buy one more!!!!!!", he said. On behalf of Year 10 International Studies we would like to thank Mr. Mackay for taking us to Ban Thai to have an amazing lunch.

Bagaskara Ariza, Year 10



GOLD COIN
ENTRY
PER
PERSON

GOULBURN HIGH SCHOOL

showcase 2016

CLIFFORD ST ENTRY

11th November 3:30 – 7PM

*Family fun for the
whole community*

Jumping castle ✦ rock climbing ✦ bungee run
ropes course ✦ bubble soccer ✦ fairy floss
face painting ✦ dunk the deputy
drama & music performances
robotics & faculty displays ✦ food stalls





CHS Athletics

Over 5th-7th September, five of our students, **Bree Smith, Rhys Rakete, Janice Barry, Ryan Goad** and **Joseph Moloney-Kremer**, attended the State CHS Athletics Championships at Homebush in Sydney.

Joseph Moloney-Kremer competed in the Under 17s Boys Discus placing 9th. In the Under 17s Javelin he placed 2nd, earning a Silver Medal, which is an outstanding achievement.

Bree Smith competed in the High Jump placing a credible 11th in the state with a jump of 1.45m.

Ryan Goad competed in the High Jump recording a height of 1.80m placing him an excellent 5th place.

Rhys Rakete competed in the 100m sprint with a time of 11.98 placing 5th, 100m hurdles 14.98 finishing 4th and in Long Jump a distance of 6.09m placing him in 3rd place and earning him a Bronze Medal.

Janice Barry competed in the High Jump. She was up against strong competitors and is to be congratulated on her achievements.

These students have achieved outstanding results. Congratulations!







Smith Cup

On Friday the 21st October Goulburn High School welcomed Bowral for our annual sporting exchange, the Smith Cup. The weather was fantastic and Goulburn was looking to reclaim the Cup after losing it in Bowral last year.

| Sport | Winner | | Sport | Winner |
|----------------------|----------|--|---------------------|--------|
| Jnr Boys Basketball | Goulburn | | Jnr Volleyball | Bowral |
| Jnr Girls Basketball | Goulburn | | Snr Boys Touch | Bowral |
| Snr Boys Basketball | Goulburn | | Softball | Bowral |
| Girls Hockey | Goulburn | | Table Tennis | Bowral |
| Girls Rugby | Goulburn | | Master Chef | Bowral |
| Jnr Boys Touch | Goulburn | | Video Games | Bowral |
| Jnr Girls Touch | Goulburn | | Board Games | Bowral |
| Snr Girls Touch | Goulburn | | Ultimate Frisbee | Bowral |
| Snr Volleyball | Goulburn | | Jnr Girls Soccer | Bowral |
| Junior Boys Soccer | Goulburn | | Senior Girls Soccer | Bowral |
| Senior Girls Soccer | Goulburn | | Jnr Netball | Bowral |
| | | | Snr Netball | Bowral |

The games were conducted in a competitive manner with all students to be congratulated on the way in which they participated, displaying great sportsmanship.

At the conclusion of the competition the scores were locked at 11 all, with the Senior Boys Soccer game still being played. Goulburn were up at half time 3-2, but unfortunately couldn't hang on going down 5-4.

This meant that Bowral retained the Cup by the smallest of margins, 12-11.

Next year we will head back up to Bowral to try and win the Cup back.

Mr Heath Russell





Senior Girls Touch Team won 8 to 3 on Smith Cup day. First year for the Girls Rugby 7s to play in Smith Cup winning against Bowral 5 tries to zero.



Photos courtesy of Hamish Wright-Pollard, Tiffany Edwardson and Ms Ashley Kara.



Years 9 & 11 Photography Excursion to the Art Gallery of NSW & STILLS Gallery

We started bright and early on 26 October with seventeen students and two teachers by train traveling from Goulburn at 7.40am, arriving in Sydney at Central Station at 10.40am.

Walking from Martin Place Station through Sydney Hospital to the Domain, we arrived at the Art Gallery of NSW to see Tsukioka Yoshitoshi's (1839-1892) woodblock prints show you that he was the originator of manga and anime.

One hundred aspects of the moon 1885-1892 is Yoshitoshi's last major work.

Each image shows the moon present as a sharp crescent or the full harvest moon, or in the texts. Students were inspired by the extraordinary characters which they had seen copied into anime.

Next we went downstairs to view the contemporary art collection with light projection & photography which was more about the use of different techniques.



After a quick look at the Art Gallery's shop we set across the Domain for the Martin Place food court, where we could buy a range of Japanese and other cuisines. We found ourselves sitting outside the Lindt Café by chance, so a look inside and some purchases of Lindt chocolate bars or hot drinks were required.

Then we caught the train to Kings Cross from where we walked for twenty minutes in the 30 degree heat down to Rushcutters Bay and across to Paddington. This was a gruelling walk for some because we had to walk some of the way in the sun (hats and water bottles were needed). We arrived at STILLS Gallery and were allowed to enter through the backdoor to save the students having to walk up a hundred steps at the front, as by now some were feeling exhausted from the heat.



We were greeted by Josephine, the gallery manager, who took us all up to the walk-in camera obscura that Robyn Stacey had made to show us how she had constructed the series on display called “Dark Wonder”. Since 2013 Robyn Stacey has been transforming entire rooms into camera obscuras. Masking windows to leave just a ray of light—the view outside is projected over the room’s interiors, but upside down and in reverse. The dream-like moving scene does the opposite of a shadow. It casts trees, drifting clouds, even towering buildings over the internal architecture and its inhabitants’ belongings.

Notable artist studios and residencies provided the sites for the series “Dark Wonder”: Rose Seidler House (Harry Seidler- architect), Hans Heysen’s painting studio in Adelaide, Wendy Whiteley’s home at Lavender Bay and Yvonne and Arthur Boyd’s residence at Bundanoon.

The students were inspired by the rich colour, clarity of the images and their content. The fact that they were made by a camera obscura with a small lens added to the aperture meant even more as we had walked into the camera obscura and now understood how she had made these photographs.

We flew back to the station as if a flock of birds or homing pigeons, reaching cool Goulburn just after sunset at 7.30pm. It had been a full day of discovery and fun.

Ms Symons



Careers Desk

Year 12 : CAREERS ADVISORY SERVICE – available for careers advice and support from 19th – 21st December, after the HSC and ATAR results are released. Online advice from www.cas.det.nsw.edu.au or call 1300300687. Also remember that Mrs Kennedy is available to support you even next year if you need it!

Year 10,11,12 : Have you checked your students online account recently ?

<http://studentonline.bos.nsw.edu.au/>

This is where you will access your RoSA and HSC results. Key dates:

16th November: Year 11 – Preliminary RoSA grades

7th December: Year 10 – Stage 5 RoSA grades

15th December: Year 12 HSC Results

(16th December: ATARs released to students by UAC)

ALEISHA CRAWFORD – CONGRATULATIONS

On Wednesday 12th October Miss Friend and I attended Aleisha's graduation from the Elsa Dixon Aboriginal School Based Traineeship program. It was such an honour to see Aleisha receive a stole to commemorate her success and to hear how many people have admired and supported her achievements in the program. Aleisha completed a Business Services Traineeship with the Department of Housing, who were full of praise for the hard work she has given them and for her vital work within their team. Aleisha is an outstanding example to all students, demonstrating how important it is to take advantage of all the opportunities that the HSC can offer. Aleisha has not only completed her traineeship she has also completed a Certificate III in Tourism, studied through OTEN and has received a Statement of Attainment towards Certificate III Early Childhood Education and Care. Aleisha has developed many skills which will ensure that she makes a very successful transition to full-time work and I look forward to hearing about her future successes.



SBAT OPPORTUNITIES: Complete the HSC while working and completing a traineeship.

Family and Community Services Southern NSW District is offering a School Based Traineeship to Aboriginal and Torres Strait Islander students entering Year 11 in 2017 who reside in Goulburn.

Commonwealth Bank are offering a School Based Traineeship for students currently in Year 10. Students will complete a Certificate II in Financial Services. Applications close 4th November.

Please see Mrs Kennedy for further information.

YEAR 10 WORK EXPERIENCE: Following exams in Week 5 students have an excellent opportunity to organise Work Experience and develop some excellent skills. Forms can be collected from Mrs Kennedy and must be returned a week before the Work Experience commences.

Congratulations to the following students who have completed Work Experience. A big thank you to the employers for supporting the students and providing them with such a valuable opportunity.

Dayne McDonald

Vacvator

Josh Wearne

Gehl Garden Centre

Joel Paton

Nigel Vaughan Builder

Further information and support available from Mrs Kennedy.





RELAY FOR LIFE

On Saturday 23rd October, 50 Goulburn High School students, among others, descended on Eastgrove Park for the annual Relay for Life Cancer Council fundraising event. Students set up their campsites which showed significant growth in size and complexity from the previous year with a multitude of tables, chairs and gazebos making appearances. The temporary city served as a solid base from which the students embarked on their laps of the oval supporting the event. By nightfall a number of the students had retreated to various parts of their temporary metropolis, although a number of hardy souls continued lapping throughout the wee hours of the morning. Congratulations go to Cory Roberts who set a new record number of laps at 230, or around 80km. Well done. Second most laps were by Jessica Sylvester, an outstanding result. All the students had a great time although there were some scary looking people on Sunday morning after a night of no sleep. Names and photos of these people have been withheld to protect the guilty. Please note, the school organisers take no responsibility for the emotional state of the students on Sunday.

Thank you to all participants and particularly to Ms Friend, Mrs Schroot-Robinson, Mrs Kelly, Mr Connell and Mr Kelly who gave up their Saturday night to stay over with the students.

Well done all!

Mr Mackay



Photos courtesy of Tiffany Edwardson

Goulburn Reader Writer Festival 2016

Saturday 12 November
Sunday 13 November

goulburn
mulwaree
library



It's magic

Book online now at
www.trybooking.com or
Phone Goulburn Mulwaree Library
on 4823 4435 during opening hours

Tim Fischer, AC
Costa Georgiadis
Warren Brown
Tania McCartney
Karen Viggers
Hugh Mackay
Jenny Bond
George Ivanoff
Jeff Apter
Nicole Godwin
Danielle McDonald
Kirsty McKenzie
R.A Spratt
Samantha Tidy
Patrick Lenton
Leonard Janiszewski &
Effy Alexakis

With Something for Everyone

GREAT AUTHORS AND PRESENTERS
ACROBATIC FIRE SHOW
CIRCUS ARTS WORKSHOP
DELICIOUS LITERARY LUNCH
BOOK BINDING & ORIGAMI WORKSHOPS
MAGIC SHOW
BOOK SALES

Goulburn Reader Writer Festival



GoulburnRWF



Bring Your Story to Life with George Ivanoff: Author of over 100 books for children and young adults George will help you with your story writing. So you've got a great idea for a story... But how do you form it into a coherent narrative that will keep readers interested? In this workshop you will learn about story structure, how to plan out a story and how to play with structure. George will discuss setting goals and creating obstacles for your characters. Participants will then work together to plot out a story. This workshop is aimed at young adults, but younger children (10+) and any adult aspiring writers will also benefit from this informative talk. Saturday 12 November at 10.00am – 11.00am. Free. Bookings essential by either phoning the library on 02 4823 4435 or through Trybooking.com

Magic Show with Joel Howlett: Goulburn's Reader Writer Festival is MAGIC and we are delighted to present magician Joel Howlett who is in Goulburn for the first time presenting his award winning presentation called Books are Magic. A show that will inform audience members of the magical adventure that awaits them in the pages of a good book!! His performance will include award winning sleight of hand, audience participation and more fun than you could wave a wand at! This experience is a treat for the young and the young at heart! This program is not to be missed. Saturday 12 November at 11.30am to 12.30pm. Free. Bookings essential by either phoning the library on 02 4823 4435 or through Trybooking.com

The Courtyard Comes Alive with Storytime: The Caroline Chisholm Courtyard will come alive at lunch time with our special guest children's authors reading from books they have written and/or illustrated. Enjoy some lunch whilst listening to Danielle McDonald reading *Sheep on a Beach*, Tania McCartney reading *Smile Cry and Peas in a Pod*, Edwina Wyatt reading *Together Always*. Saturday 12 November at 12.30pm to 1.30pm. Free, no bookings required. Food, drinks and face painting available.

Circus Arts Workshop: Join Chrisjohn Hancock and his assistant trainers/demonstrators from the Lieder Youth Theatre for an afternoon of fun and challenges. See if you can master the art of juggling, hula hoop, rolla bolla and poi. Saturday 12 November 1.30pm to 3.30pm. Fee \$5.00, Bookings essential by either phoning the library on 02 4823 4435 or through Trybooking.com. Children 10 and over only.

Happiness in a Jar with Samantha Tidy: Join Samantha Tidy, author of *The Happiness Jar* for a workshop all about happiness. Find out what makes people happy and make your own Happiness Jar. Children participating in this program must be aged 7-12 years due to the nature of the program. November 12 at 3.30pm to 4.30pm. Free. Bookings essential by either phoning the library on 02 4823 4435 or through Trybooking.com

In addition to these events for students we have many activities for parents who are interested in reading and writing. In particular I would like to highlight our panel discussion which is about fostering a love of reading in children.

The Magic of Reading to Children: Author James Patterson once said "There's no such thing as a kid who hates reading. There are kids who love reading, and kids who are reading the wrong books". Our children's authors Tania McCartney, George Ivanoff and Danielle McDonald will discuss the inspiration behind their books and how they attempt to capture children's interest and imagination to foster a love of reading. Hosted by Warren Brown. Saturday 12 November at 1.30pm to 2.30pm. Free. Bookings essential by either phoning the library on 02 4823 4435 or through Trybooking.com



Deputy Principals' Report

Term 4 exams

Term 4 is already moving very quickly. Year 12 have almost finished their HSC examinations. This is the culmination of 13 years of schooling and we are all looking forward to seeing the results of their hard work in the near future. Years 7 to 10 are now preparing to sit for their examinations in weeks 4 and 5. We encourage students to revise carefully and do their best to achieve results of which they can be proud.

PBL Values

Thank you to students and parents who completed our PBL (Positive Behaviour for Learning) survey. There was overwhelming support for the three values of respect, responsibility and resilience. In the next few weeks, students will notice new signs around the school to remind us of the values.

HSC 2017

Year 11 2016 are now officially Year 12 students and have begun their HSC courses. The next four terms will go very quickly. All topics studied from term 4 2016 to the end of the HSC year are examined in the HSC and students should ensure they are focused and complete all tasks satisfactorily in order to achieve the results of which they are capable. A regular study program, including timely completion of homework and assessment tasks and revision of classwork, will ensure students are able to achieve to potential in all tasks.

Catching up on missed tasks and classwork

Unfortunately a small number of students have missed due dates for assessment tasks and have not submitted assessment tasks or have failed to complete some class tasks satisfactorily. In some cases, students will have received "N Warning letters", identifying the missed work and informing them of the actions needed to resolve the N letter. Students who have unresolved N letters should speak with their teacher to assist them to resolve issues.

Water bombs

We would like to remind students that water bombs are not to be brought to school. They cause disruption and school is not an appropriate place to use them. We are taking a strong stance on this and other inappropriate behaviours, and students who choose not to co-operate with school rules and expectations will face a serious consequence.

Making responsible choices

At times there are issues between students and their peers and we would like to congratulate the students who let us know when there is a problem. This shows responsibility and resilience and these students are making positive and mature choices.

GHS Showcase

We are all looking forward to our Goulburn High School Showcase on Friday 11th November. Students and teachers are busy preparing a variety of activities and performances, and it will be a very enjoyable afternoon.

Jayne Reece and Yogesh Mani

Calendar

31st October to 4th November

7th to 11th November

Friday 11th November

16th to 18th November

25th November

29th November

30th November

1st to 2nd December

1st December

Years 7 and 8 examinations

Years 9 and 10 examinations

GHS Showcase

D of E Silver Hike

Year 10 semi-formal evening

UC for Yourself excursion (Year 10)

University of Wollongong Science Fair

D of E Gold Hike

Skills Road Career Showcase Years 9 and 10



ESL Excursion to Sydney

On Friday 23rd September, the ESL students took the train to Sydney to visit the Australian Museum. It's always a nice experience to take some of our newest citizens away on excursion. For some of our students, it was their first trip on a train and their first visit to the CBD.

The museum was great. Some of the students did a virtual reality tour exploring the origins of life. Afterwards, we all visited the National Geographic Wildlife Photographer competition. There were some astounding images of wildlife from around the world.

With hunger wearing us down, we walked down to Thai Town and had lunch at Thai Town Restaurant. The \$10 lunch special was delicious. We followed this up with a gourmet ice cream before a spot of window shopping and a quick tour of the CBD.

We had a fabulous day celebrating Par Cer's completion of Year 12. We wish her the best of luck in her HSC exams and in her future after school!





Society and Culture Excursion to McCrindle and Co.

On Friday 14th October, myself, and five other students from the senior Society and Culture class were privileged enough to travel to McCrindle and Co. in North Sydney along with Mr Mackay and Ms Biddle. McCrindle and Co. is a world known social research company assigned by governments, leading brands and some of Australia's largest organisations.

It was a fantastic opportunity and informative experience for all of us involved as we were submerged into the world of professional social research. We gained knowledge on developing questions in surveys and interviews, tips on conducting our own research such as how to make it aesthetically appealing, and resources available to us from the McCrindle and Co. blog, as well as the Australian Bureau of Statistics.

The whole day was very interactive as we became a part of a focus group. We sat down with researchers discussing what social research entails and how it can be applied in Society and Culture. There was also question time where we could ask about social research to assist us in our Personal Interest Projects which is an external assessment that is included in the HSC course. At the end of the day we were all very grateful for the time and effort that the staff at McCrindle and Co. put in for us to share their knowledge and enrich our own. We would like to thank Mr Mackay and Ms Biddle for offering us this amazing opportunity and taking us to Sydney.

Shayley Woodgate, Year 11

This publication is proudly sponsored by:

- Jim Brewer Property Sales
- Cabra Prints
- Gremlin Computers
- Gehl's Garden Centre



TRANSPORT
ABN 48 061 819 181

65 CHANTRY STREET, GOULBURN, NSW 2580

Ph: (02) 4821 3796 • Fx: (02) 4821 3651

Email: kim@deezanstransport.com • Web: www.deezanstransport.com.au



AUTISM

GOULBURN



TEAPOT CLUB INC.



AUTISM CONFERENCE

with

Professor Tony Attwood

Clinical Psychologist

WHEN: *Friday 27th January 2017*

WHERE: *Goulburn Soldiers Club,
Market Street, Goulburn*

TIME: *Registration 8:00am
Start 8:30am*

COST: *\$130.00 Includes
Morning tea, Lunch, tea and coffee*

RSVP: *Monday 23rd January 2017*

CONTACT: *Mel Ashton - 02 4821 5044
Judy Humphries - 02 4822 1149
Judy mobile - 0411 637 173*

or judyterry1@bigpond.com



1/3 women experience domestic violence

3 women die every day as a result of domestic violence.

Every Minute... x24
On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner.

To speak up for people who may not be able to speak.



White Ribbon

MAKING A BETTER WORLD



No matter who you are, we are the same, we are all equal. We control the future and the world around us.



WELLBEING AT GOULBURN HIGH

School life and exam periods can be a difficult time for students and their families – exams, holidays – change after change. These normal challenges can sometimes have unexpected effects on our teenagers. Anxiety is a very real disorder and is much misunderstood and often dismissed or ignored. This month I just want to share some statistics with you and encourage you to start some conversations.

One in 16 young Australians is currently experiencing depression

Breakdown: 6.3% of Australians aged 16 to 24 have experienced an affective disorder in the last 12 months. This is equivalent to 180,000 young people today.

One in six young Australians is currently experiencing an anxiety condition

Breakdown: 15.4% of Australians aged 16 to 24 have experienced an anxiety disorder in the last 12 months. This is equivalent to 440,000 young people today.

One in four young Australians currently has a mental health condition

Breakdown: 26.4% of Australians aged 16 to 24 currently have experienced a mental health disorder in the last 12 months. This figure includes young people with a substance use disorder. This is equivalent to 750,000 young people today.

Suicide is the biggest killer of young Australians and accounts for the deaths of more young people than car accidents

Breakdown: 324 Australians (10.5 per 100,000) aged 15-24 dying by suicide in 2012. This compares to 198 (6.4 per 100,000) who died in car accidents (the second highest killer).

Young people are most concerned about coping with stress, school or study problems and body image

Breakdown: In 2015, the top three issues of concern for young people (listed in order of highest concern) were: coping with stress, school or study problems and body image. These top three issues of concern have remained the same since 2013.

The student led **White Ribbon Action** team has presented to the staff their determination to make a difference by standing up and speaking out against violence, starting with our playground language and the way students treat each other. They are currently working on a performance piece to present to the student body around White Ribbon Day on 25 November. They are also hoping you will come and speak with them at the **Goulburn High School Showcase** on 11 November, as there will be a White Ribbon stand as well as information available in the Wellbeing presentation area. We will also be teaming up with Goulburn community activities commencing with the White Ribbon walk and the 16 Days of Activism starting on **25 November**.

<http://www.womenscouncil.com.au/16-days-of-activism.html>

Are you a retired teacher? Someone passionate about reading with time on your hands? Wanting our students to do well in exams? We are still seeking **volunteers** to assist with exams and literacy programs. If you are interested, please contact either Gina Handley or myself. We are really keen for you to be involved in promoting best outcomes for our students. We will also have a sign-up sheet at the **Showcase** where you can speak with us about how you can help.

Ms Catherine Baker
Head Teacher Wellbeing

BE BUS AWARE

Buses can't
stop quickly



bebusaware.com.au



Transport
for NSW



BE SAFE ON AND AROUND BUSES. BE BUS AWARE!

1

Follow the rules and cross with care

2

Give way to buses

3

Reduce speed to 40 when lights are flashing

4

Plan ahead and don't rush for the bus

5

Bike riders take care around buses

bebusaware.com.au



Transport
for NSW