



Goul Burn High School Newsletter



9/12

14th September 2016 goulburn-h.school@det.nsw.edu.au



Year 12 Visual Arts Major Works by Adele Webb and Tara Edworthy (more on page 3) will be judged by HSC markers in the next few days. A mad rush ensues every year to get all art work ready for the big day.

All Year 12 were rallied together for a last farewell photo in front of our Historic Main Building, to be included in a Goulburn Post special, to wish all students in the region 'good luck' for their HSC Examination, starting in October.





Principal's Report

The past month at school has been hectic, with students and staff very busy with a number of activities. We had our prefect/captain/house captain induction assembly combined with our PBL recognition assembly. Over 200 students were recognised on that day - well done to all staff and students. Our special guest on the day was Mayor Geoff Kettle in his last official function prior to retirement from his position as mayor and councillor. I would like to thank Geoff for his continued support of our school, and all schools in our area. We greatly appreciate all his efforts and commitment and wish him the best for the future.

We also celebrated NAIDOC week with our students involved in a range of cultural activities including dreamtime storytelling, basket weaving and mural painting. It was topped off with a delicious BBQ where students and staff could sample some emu and crocodile. A big thank you to our organising team for a tremendous day.

The month also included SASS appreciation week, where we acknowledge our ancillary and support staff for the amazing job they do supporting our students, staff and school all year round. A massive thank you to who are truly the foundations of our wonderful school.

Our Science Fair was another great success with the work of our students, as well as from students in some of our partner primary schools on display. This is getting bigger each year, with this year's event featuring a number of robots that visitors could control. Thank you to our Science Fair coordinators for a job well done.

Our dance troop performed at the Canberra Youth Dance Festival, our HSC students have handed in their practical work and completed their Trail HSC, and our year 11 students are getting ready for their examinations, as well as their trip to the Great Barrier Reef at the end of this term. A number of sporting teams competed in various competitions and we have been busy organising next year's curriculum. We will soon be farewelling our year 12 students who will soon be sitting their HSC examinations. Without a

doubt, the upcoming holidays will be needed to recharge the batteries and get ready for term 4.

I wish everyone a safe and relaxing term break and look forward to our final term for 2016.

Vero Joseph





**Year 12 Major Works
for Visual Arts and
Photography.**



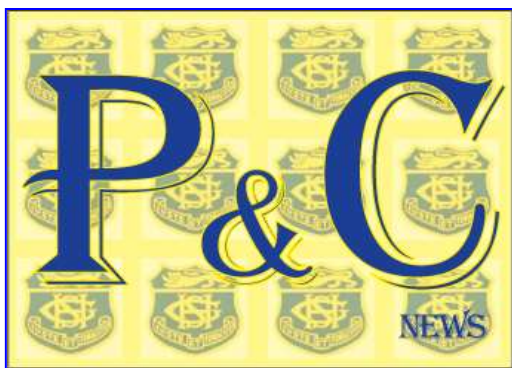


Othello Excursion 2016

On Friday 2nd September, a group comprising students from the year eleven English Advanced classes attended a theatre performance of “Othello” by the Bell Shakespeare company at the Casula Powerhouse Arts Centre. The play revolves around themes of jealousy, betrayal and manipulation, and this was clearly evident in the group’s portrayal. The combination of strong emotive language and imagery makes this play both immensely valuable and entertaining. There is for me a particular interest in observing how the company chooses to represent the villain, in this case the antagonistic Iago. In this sense, Yalin Ozucelik’s performance was striking and greatly skilful. Overall, the excursion was a great success and was enjoyed by all.

On behalf of the students who attended, I would like to thank the English staff and Mrs Mani for providing this valuable learning opportunity.

Otto Kemmis, Year 11



Unflued Gas Heater Petition

Our petition timeframe has been extended. Would all families, who have started filling in the petition forms for Goulburn High School, please hand them back to the office at their earliest convenience. Once we reach 500 signatures our petition may be tabled at Parliament.

We need your support to make a change!

Goulburn High School Positive Behaviour for Learning

We are currently reviewing our **Positive Behaviour for Learning** program and are making some changes.

We would value feedback from parents and carers on the changes.

There is more information on the GHS Website and the GHS Skoolbag App.

There is also a link to a short survey. The survey needs to be completed by 3:30 Monday 19th September.

Staff and students also have the opportunity to complete the survey.

Summary of the changes:

We are moving from 5 values to 3:

Our current (5) values are

Be considerate

Be responsible

Be positive

Be respectful

Aim high

We are suggesting the 3 values of:

Respect

Responsibility

Resilience

The 3 values embody our current values.



Respect encompasses:

Treat one another with dignity

Speak and behave politely

Cooperate with others

Value the interests, ability and culture of others

Take care with property

Responsibility encompasses:

Attend school every day

Arrive at school and class on time

Be prepared for every lesson

Actively participate in learning

Aspire and strive to achieve the highest standards of learning

Avoid dangerous behaviour and encourage others to avoid dangerous behaviour

Resilience encompasses:

Develop positive and respectful relationships and think about the effect on relationships before acting

Care for self and others

Negotiate and resolve conflict with empathy

Take personal responsibility for behaviour and action

Overcoming challenges, both big and small

We have redesigned our Post Card award. Students are now being given the Post Card, rather than the Post Card being mailed.

This has two benefits:

Instant feedback for students on their effort and behaviour

Significant savings in postage costs

I hope everyone is able to complete the survey as your feedback is very much appreciated.

Please do not hesitate to contact me if you have any questions.

Jayne Reece

(Acting) Deputy Principal

jayne.reece@det.nsw.edu.au

4821 4022

Our Butter Chicken Cooking Experience

A few weeks ago, Mr Mackay took us to cook Butter Chicken... sure it was a messy and kinda stressful event, but we all had fun and it was totally worth it. We all had an outstanding time and we all enjoyed ourselves and the food was soooo good. Some thought it was too hot but personally I thought it was perfect. We made Naan bread as well and it was a perfect side dish to the chicken. Altogether it was really fun and we all had an absolutely amazing time. Thank you to Mr Mackay for giving his most favourite class in the world this delicious experience.

Jordan Clark, Year 10





The Year 11 drama class entertained an audience on the 1st of September with the performance of their final preliminary assessment task. Throughout the term, students worked hard to devise and produce an original piece of theatre based around a supplied stimulus. Students delved into issues that influenced them and the world around them to create interactive and interesting performances. The audience was taken on a journey through cyberspace to explore the issue of putting information on the internet, before given an insight into people's lives to break down stereotypes about identity and relationships. The students showed a strong grasp of group work, as well as developing their skills on the stage. Year 11 should be congratulated on their high level of commitment and dedication to the task and should be very proud of what they have produced.

GEOGRAPHY EXCURSION

On the 31st of August, Year 10 got up bright and early to leave for our fieldwork trip to Wollongong. We departed from the school at 7am and got to Wollongong around 9:30am. We had a toilet and recess break before Mr Mackay split us up into three groups. Each group went somewhere and learnt different things about how Coastal Management works and some of the important factors to why we need it. It was rainy and cold for the morning until about 11am. After that it warmed up and was a nice day. After bringing home the beach in our shoes, it was a good day and we'd just like to thank Mr Mackay, Mr Kelly, and Mr Connell even though they didn't let us stop for Maccas.

Mackenzie Murdoch, Year 10



Careers Desk

Year 12 IMPORTANT INFORMATION – UAC application deadline is Friday 30th September. Students should also be preparing Early Entry applications for the institutes that they are interested in. Further support and guidance is available from Mrs Kennedy.

Remember you can defer an offer until 2018 – but only if you apply NOW!

Year 12 – VERY IMPORTANT –

Have you checked your Students Online account recently ?

<http://studentsonline.bos.nsw.edu.au/>

All Year 10,11,12 students are encouraged to use the resources and information in Students Online. Students will need to activate their account first and create a PIN. Once logged in they can access, via My Details, their: personal details; Year 10 grades (in Dec) and HSC Preliminary (Year 11) grades (in Nov); and in Year 12, or their HSC year, their

- personal HSC Exam timetable (in Apr)
- Assessment Ranks (in Nov)
- HSC results (in Dec)

Students who have left school and are waiting for their formal RoSA documentation can access an e-record if required for further employment and training.

YEAR 10 WORK EXPERIENCE:

Congratulations to the following students who have completed Work Experience. A big thank you to the employers for supporting the students and providing them with such a valuable opportunity.

Prince Badodo

NSW Police Force

Emily Reid

Masonic Village

Bagas Ariza

Goulburn Automotive Centre

Further information and support available from Mrs Kennedy.



Recognition and Captain and Prefect Induction Assembly Term 3







Deputy Principal's Report

As Term 3 comes to an end, this will be the last newsletter for our current Year 12 students. After 13 years of formal education, this week will be the last time they will have regular lessons with their teachers. On behalf of the school community we wish them all the success in their upcoming HSC exams.

Last week we inducted our new leaders for 2017 at the Leadership Induction Assembly. Thank you to all those parents and members of the community who attended. We are looking forward to working closely with the leaders in the near future.

Goulburn High recognises that technology plays an important role in engaging students in education. However, lately there has been an increase in inappropriate use of technology by students. Whilst the school provides awareness programs to students on a regular basis, we would encourage parents to get advice and support related to the use of technology from the following website <http://www.schoolatoz.nsw.edu.au/technology> to help raise awareness and counter the inappropriate use of technology by their child.

The *Public Health (Tobacco) Act 2008* was recently amended to define e-cigarettes and e-cigarette accessories to be separate from tobacco products. The Act makes many of the provisions that apply to tobacco products also apply to e-cigarettes and e-cigarette accessories.

From 1 September 2015 it is an offence:

- to sell e-cigarettes and e-cigarette accessories to persons aged under 18;
- for adults to buy e-cigarettes and e-cigarette accessories on behalf of persons aged under 18; and
- to operate or use a vending machine that dispenses e-cigarettes and/or e-cigarette accessories on behalf of a minor.

Students should not bring e-cigarettes or e-cigarette accessories onto school premises or use them during school based activities. Any disciplinary action taken with respect to a student in possession of e-cigarettes will be consistent with the approach taken to students who bring tobacco onto the school premises.

Planning for the inaugural Goulburn High School showcase is well underway, with all the faculties organising a range of activities. The Showcase will be held on **11th November, 2016 from 3.30 to 7p.m.** More information will be provided on our website and on our app early next term. We would like to encourage all the parents and members of the community to attend the Showcase.

Jayne Reece and Yogesh Mani



Goulburn High School Annual Science Fair

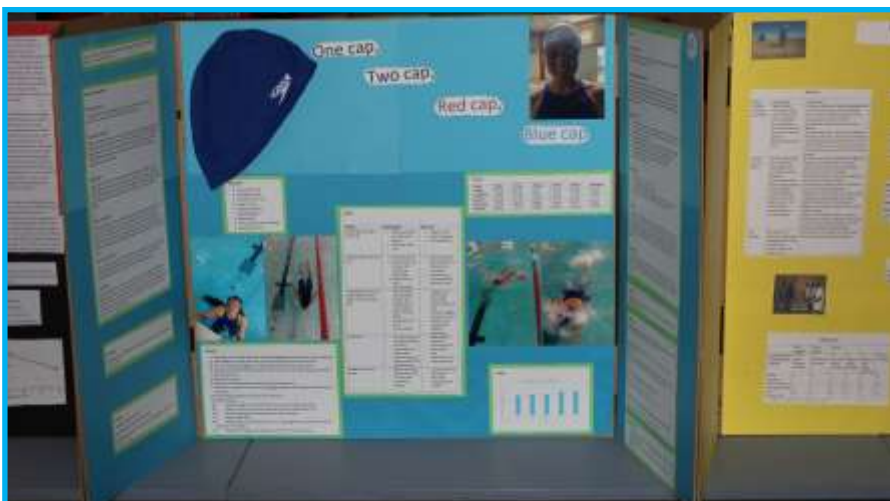
GHS students in years 7, 8, 9 and 10, as well as students from Goulburn West and Wollondilly Public School, have participated in the Goulburn High School Annual Science Fair.

The Science Fair had over 300 people attending who participated in the paper aeroplane competition and the robotics competition.

The winners of each category will be joining the team that goes to the Wollongong Science Fair later in the year. This was the first year we held a Rube Goldberg Competition which has expanded our fair into more STEM projects. We are hoping to keep with this trend in 2017.

A big thank you to the entire Science faculty and everyone else that has helped put this great event together.

Mrs Hyland



CALL FOR VOLUNTEERS!

The Learning and Support and Wellbeing Teams are calling for volunteers from our community to assist with and be trained for the following:

**Reader/writers for Special Provisions in exams including the HSC
and**

Reading assistance for our Multi Lit (IPod) program

All volunteers need to have a current Working with Children Check, but as a volunteer this is FREE.

If you would like to contribute to and be involved in the learning and well-being of our students at Goulburn High, we would love to hear from you.

Please contact our Learning and Support Teacher, Mrs Gina Handley or the Head Teacher Wellbeing, Ms Catherine Baker on 4821 4022.

You can obtain your WWC online and then down at the Goulburn Service Centre in Auburn Street.

267 Auburn Street

Goulburn NSW 2580.

Email: info@service.nsw.gov.au

Phone: 13 77 88

The Uniform Shop will be holding a 20% off sale in the last 2 weeks of Term 3

Thursday	15 September
Monday	19 September
Thursday	22 September

Normal shop hours of 8:30am - 12:30pm will still apply.

There will be no exchanges or refunds available on sale items.

Payments can only be made by cash or EFTPOS.

Change rooms are available.

Come in and grab a bargain.

While Spring has finally sprung, in the Science Faculty we've all been excited about Science Week and our Science Fair Extravaganza! To kick things off we held our annual Science Week Quiz in Week 5. It comprised of 4 days of strenuous questioning in roll call. The questions ranged in difficulty and even included a couple of tricky brain teasers to catch a few people out. Everyone was instructed that Professor Google was not welcome in the roll call rooms and all gave it their best shot.

With a total of 84 points to claim, our winners are as follows:

9.1 on 77 points

11.2 on 79 points

The only group to make it over 80 points was...

10.1 on 81 points

Great job boys!

Ms Iverson



What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend, school or, are registered with the Board of Studies, Teaching and Educational Standards for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time.

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Gives students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

This publication is proudly sponsored by:

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Supporting the Leukaemia Foundation



#LightTheNightAU

Raise funds and walk with us to help more Australians beat blood cancer



Saturday 24 September

Glowburn, Belmore Park

210 Auburn St, **Goulburn**

Join this walk at

lightthenight.org.au or 1800 500 088



WELLBEING AT GOULBURN HIGH

Breaking the Silence – as I mentioned in our last newsletter, Goulburn High is now a registered participant in the Breaking the Silence program. This is the school focus of the White Ribbon campaign where schools work towards becoming a safe environment where we stand up and speak out against violence, especially towards women and girls.

I am very excited to report that we have had our first two meetings with the **White Ribbon Action Group**. This is a very motivated group of Year 11 students who are planning to be the driving force behind our efforts to become a White Ribbon school. This amazing group of young men and women are currently planning the first steps in communicating and informing staff and students as to the importance for both men and women, in saying no to domestic and in fact, any form of violence. They will be speaking with the staff and then presenting to the students in an effort to start the slow process of change – in language, attitudes and actions, which carry with it the responsibility of the whole community in speaking up against domestic violence. It is a community issue and we wish to be a part of the community solution. We hope to partner with the community in different activities including White Ribbon Day on the 25 November.

RUOK DAY 2016 – THE 8 SEPTMEBER was the annual RUOK Day and this year a group of GHS students went to Mulwaree High to listen to an esteemed psychologist who had been brought up from Melbourne to address our young people. This has been made possible by the **Goulburn Youth Well Being Network** who brought up Dr Richard Chambers to Goulburn to speak to students about Mindfulness on RUOK Day. The NSW Minister for Mental Health and local member, Pru Goward, introduced Dr Chambers at the Goulburn/Mulwaree forum. Dr Chambers is a clinical psychologist and mindfulness consultant. At Monash University, he heads the university-wide “mindfulness approach” with the Campus Community Division where all students and staff learn mindfulness to enhance wellbeing and performance. He specialises in explaining mindfulness, and other effective evidence-based interventions, to treat issues such as:

academic work performance, stress anxiety and depression, eating disorders, addictive behaviours, sleep problems and relationship problems

He is an integral part of introducing Mindfulness into the Australian school curriculum. He is the co-author of Mindful Learning and Mindful Relationships, leading texts in the field. He also developed the **Smiling Mind**; a free smartphone app with over 1 million downloads. The **Mind Matters Action Team** uses the **Smiling Mind App** in some of our Mind Matters classes so it will be an amazing opportunity to hear from Dr Chambers.

HSC and YEAR 11 EXAMS: can I please ask the families and carers of our senior students to keep an eye on the coping mechanisms and stress levels of these students. It is important that we all support them in a relaxed and caring manner and remind them of the good old fashioned advice such as plenty of sleep, healthy food (breakfast please!!) sensible study times with breaks in between, and that there are plenty of staff at GHS who are more than happy to help, listen and provide space for them to prepare and seek assistance. If you believe your child is not coping, **please don't hesitate** to contact either **Mrs McLean**, the Year 11 Wellbeing Advisor, **Miss Lynam**, the Year 12 Wellbeing Advisor, or myself.

STUDENT ADJUSTMENT PLANS: Mrs Handley, our Learning and Support Teacher, is currently undertaking interviews and meetings with student and families to ensure we are meeting the learning needs of many of our students. It is an excellent opportunity to discuss how we can best address concerns and differentiate the curriculum so that every student can access their learning opportunities.

Ms Catherine Baker
Head Teacher Wellbeing



Wesley LifeForce Suicide Memorial Day

Thursday 15 September 2016 | Sydney Opera House

Losing a loved one to suicide is a sorrow unlike any other, but you are not alone.

Each year Wesley LifeForce holds a memorial service for those affected by suicide to come together in a spirit of comfort and hope.

The service will be held at 12pm, Thursday 15 September 2016, at the Sydney Opera House.

We warmly invite you to attend.

For more information please visit

www.wesleylifeforce.org or call 1800 100 024

Wesley LifeForce gratefully acknowledges the funding provided by the Australian Government.
Wesley Mission is a part of the United Church in Australia. ABN 62 169 055 143

