



**Goulburn
High
School
Newsletter**



12/12

14th December 2017 goulburn-h.school@det.nsw.edu.au

**Merry Christmas, Happy Holidays And Enjoy A Safe
And Relaxing Summer Break.**



Art work by Year 8, Ms Friend, Mrs Ford and Mr White.



Principal's Report

This is my last report for 2017. Where has the year gone?

I reflect on my first 12 months at Goulburn High and the list of student achievement is too great to mention here.

Some of the highlights would have to be

- Our Robotics team led by Mrs Hyland, will again be going to Louisville, Kentucky, USA, after winning the Australian Nationals Competition, to compete in the World VEX Robotics challenge.

- The year 12 HSC results, which I am sure will be fantastic and indicative of all of our students hard work
- The year 12 formal and year 10 dance where all students were incredibly respectful and grateful of their parents, our staff and school
- Two South Coast sporting blues to Joseph Kremer and Aleisha Price
- All the programs that staff develop and run for students above and beyond the standard curriculum.

Next year will see the start of our next Triennial School Plan (2018-20) that will have as its three strategic directions, 'Quality Teaching and Learning', 'Culture and Values' and 'Leadership and Management'. Focus areas that will sit under these three strategic directions will be Literacy and Numeracy, Aboriginal Education programs, Future Focused learning, Positive Behaviour for Learning, Whole School transitions, Student Wellbeing, Student Leadership, Staff Professional Development and Accreditation, Community Engagement and Professional Networks. This plan will drive educational programs for the next three years with a strong focus on High Expectations, Instructional Leadership and Explicit Teaching.

Camps for year 7, 9 and 11 will be made available with school funded support as part of the Whole School Transition program. Years 9 will go to the snow and year 11 will go to the Great Barrier Reef.

I would like to take this opportunity to thank the P&C for all their support and assistance in applying for grants and providing financial support so that students can gain access to first class facilities.

Also, I would like to thank all the staff for their professionalism and hard work this year to provide first class opportunities and education for all students.

I would like to wish everyone a safe and enjoyable Christmas holiday, remembering that year 7, 11 and 12 return on Tuesday 30th January and year 8, 9 and 10 return on Wednesday the 31st January.

Regards,

Paul Hogan

Last but not least, we suspect that nits/head lice are present in the hair of some students in Year 9. Please check your child's hair using the methods recommended by the NSW Health website (<http://health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>). Thank you.



Leadership Activity Day

On Tuesday 5th November the school leadership group including Prefects, SRC and year 9 and 10 leadership classes travelled to Tallong Outdoor Education and Retreat Centre to participate in a range of activities to develop their leadership skills. Activities included high ropes, low ropes and initiative tasks. All students developed collaboration and communication skills to achieve common goals. They are to be commended for their exceptional behaviour towards the challenges they faced individually and as a group. Many thanks go to Mrs Stephenson for organising a great opportunity for Goulburn High School's leadership group and Mr Sheehan for attending and participating in the day.

Ms Binks



Careers Desk

School Based Traineeship & Apprenticeships: Year 10 students have been very pro-active in seeking and gaining SBAT's for 2018.



Zac Economos recently completed the sign-up for a Construction – Certificate III Carpentry SBAT. In addition to completing school requirements Zac will work one day per week and attend TAFE Goulburn for Trade Training. Zac will complete an additional 2 years of TAFE training when he has completed school and 1 further year (or less) trade experience to complete the apprenticeship.

Teagan Webster successfully applied for a Traineeship with the Commonwealth Bank – Certificate II Business Administration. Teagan will complete her training with an external provider on-line and will work 1 day per week plus some holidays at Goulburn Branch of the Commonwealth Bank.



Jacob Lansdowne successfully applied for a Traineeship with Reece Plumbing Goulburn – Certificate II Warehousing Operations. Jacob will complete his training with a training company who will visit the workplace to deliver the course, and he will be working one day plus Saturday mornings each week.

Congratulations Year 11 2018 students have until the end of term 1 next year to complete a SBAT sign-up. Year 10 2018 students can also seek SBAT opportunities in the new year.

Yr 12 : CAREERS ADVISORY SERVICE – available for careers advice and support from 18th – 20th December, after the HSC and ATAR results are released. Online advice from www.cas.det.nsw.ed.au or call 1300300687. Also remember that Mrs Kennedy is available to support you even next year if you need it !!

Year 10,11,12 Access to RoSA and HSC Results

<http://studentsonline.nesa.nsw.edu.au/>

This is where you will access your RoSA and HSC results, Key Dates

15th November: Year 11 – Preliminary RoSA grades; 6th December: Year 10 – Stage 5 RoSA grades; 14th December: Year 12 HSC Results

(15th Dec. ATAR's released to students by UAC)

YEAR 10 WORK EXPERIENCE:

Congratulations to the following students who have completed Work Experience. A big thank you to the employers for supporting the students and providing them with such a valuable opportunity.

Brittany Croke

Jayden Jeffree

Jess Sylvester

Peter Kavanagh

Hayley Cooper

Goulburn West PS

VacVator

Hair Talk

Micks Multi Trades

Fifes Stockfeeds

Dana Williams & Eden Bell

Caleb Croker

Goulburn Court House

Southern Livestock Landmark

Charlie Elward
made this truck
during his Wood
Technology
Classes with Mr
Keefe.



Tech Time....



Year 8 Technology Mandatory have been involved in Design & Technology this term. Students have been busy sanding and painting chairs, hallway stands, toolboxes and more.

We would like to thank Mr Weekes for his assistance and for sourcing projects for the class to revamp.

Earlier this year I brought my grandmas stepladder in to my Design & Technology class to sand and re-varnish. The stepladder is over 70 years old and was owned by my grandmother. I started by washing down the ladder to remove all the dust. Then I sanded back the old varnish to get rid of the air holes that were forming. Next I put some undercoat on. I finally decided to go with the same colour wood stain that was originally put on the stepladder. After applying the coat I sanded it back slightly with a fine sand paper and redid the wood stain. The stepladder will be a Christmas surprise for my grandma

Braxton Thompson



Rhys Carr, Sean Thompson and Jake Waters with a project they revamped



Hallway stand by
Tahnee McGregor



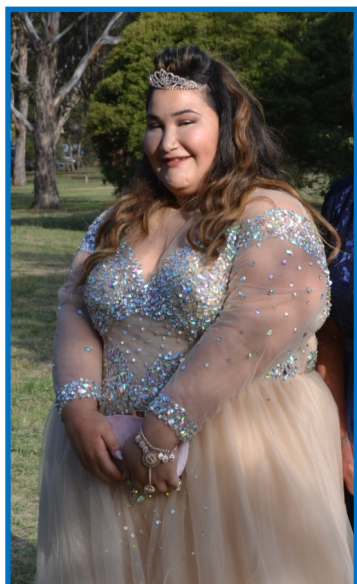
Hallway stand by
Charlie Robinson



Toolbox by
Kolby Shawyer



**Year 10
2018
Dance**







Deputy Principal's Report

We would like to wish our students and their families a very happy Christmas and holiday. Thank you to parents and carers for your ongoing support throughout the year.

Last week we held our annual Awards Evening, where we recognised several students who have achieved in academic, sporting and extra-curricular areas. Congratulations to these students

on their excellent effort.

Students will receive their reports this week. Don't forget the reports and other important information, including school attendance, are available on the Parent Portal. Please contact the school if you need help accessing the Parent Portal.

Parents and carers should ensure they purchase the necessary books, stationery and uniform items to allow students to be well-prepared for the first day of school next year. Students are reminded that they need to wear the correct uniform, which includes black polishable leather shoes and white socks.

Important Dates

Jan 29	Staff Development Day
Jan 30	Term 1 Commences Year 7, 11 & 12
Jan 31	Term 1 Commences Year 8, 9, 10


Have a safe and relaxing holiday,

Vero Joseph and Yogesh Mani




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GOULBURN HIGH SCHOOL



RESPECT

RESPONSIBILITY

RESILIENCE

- Treat others with dignity
- Speak and behave politely
- Cooperate with others
- Follow teacher instructions
- Value the interests, abilities and culture of others
- Take care with property
- Follow school rules
- Listen politely when others are speaking
- Think before acting and speaking

- Attend school every day
- Arrive at school and class on time
- Be prepared for every lesson
- Actively participate in learning
- Avoid dangerous behaviour and encourage others to avoid dangerous behaviour
- Dress appropriately by wearing full school uniform

- Develop positive and respectful relationships
- Care for yourself and others
- Negotiate and resolve conflict with empathy
- Take personal responsibility for behaviours and actions
- Be open to change and new ways of thinking
- Aspire and strive to achieve the highest standards of learning



International Studies

In Year 10 International Studies, we have been looking at sports from different cultures. In one lesson, we were given the chance to play one of these sports in class. We learnt to play Jianzi, a sport which originated from China. Multiple people stand in a circle, kicking the Jianzi (also known as the Chinese shuttlecock) to and from one person to another. The aim was to keep the Chinese shuttlecock in the air without using our hands (supposedly). We needed to modify the rules so that we could use our hands due to lack of coordination. Our best group score was 7.

Ms Liu





UOW Science Fair

We have had another successful year at the UOW Science Fair. This year was the biggest science fair help at UOW with over 600 projects and 1000 students participating.

In the Stage 6 section Lachlan Murray, Nathan Ezzy and Ryan Goad came first against tough competition.

The team managed 5 Highly Commended awards ranking them in the top 10% of students at the fair.

These students included Phoebe Heath, Ursula Kemmis, Tahlia McGaw, Holly Caffrey, Brandyn Law and Charlotte Hargan.

As part of our transition program we support the Primary Schools in participating in the Science Fair. Unfortunately they did not receive an award however many people were impressed with their projects.

This year we even made the WIN News Illawarra with Charlotte Hargan giving an inspiring speech about her project.

The team preformed outstandingly in both their projects and behaviour and it was an honour as the teacher in charge of this amazing group of young people.

Mrs Hyland





World Championship Qualifiers

Our robotics program has been very successful again this year and the students have worked very hard for all their rewards. After many tournaments and awards, teams travelled to Wangaratta to participate in the VEX Robotics National Championships. The teams all performed excellently on and off the field with sportsmanship a highlight.

In the VRC completion our two teams partnered up in the finals to end ranked 3rd. An excellent achievement for yr 9 students competing against year 12 students.

In the VEX IQ competition we had 4 teams. 2 high school teams and 2 primary school teams as part of our transition program. One of our High School teams (Alex, Tim and Braxton) won the overall Excellence Award which allows them to travel to Louisville, Kentucky in April next year to compete in the World Championships. Goulburn High School refs Jacob Maizey and Cooper Doggett have also been selected to join the team and be part of the officials at the World Championships. The Primary School teams managed to win the Teamwork challenge, Judges award, Design award and the STEM award.

Next year is going to be even bigger in Robotics at Goulburn High School with the P and C's successful in getting funding through the Angus Taylor infrastructure grant to purchase more robots to run an even bigger transition program in 2018. Our aim at Goulburn High School is to give all students in the Goulburn community the opportunity to gain skills for the changing workforce and have our town recognised for the amazing youth we have.

Mrs Hyland





Duke of Edinburgh



I would like to take this opportunity to thank all the parents who have driven students to and from walks. Also, the teachers for taking their time to help with all the walks and putting up with my jokes.

Thank you, Thank you, Thank you.

The Duke of Edinburgh this past year, has been one of the busiest with a number of students starting Bronze and a record number of students completing the Silver award. The exciting news is that we have a number of students going for the Gold award including Nathan Ezzy who is very close to completing the award. Nathan will be the first student in a number of years to achieve the Gold award at Goulburn High.

The Bronze hike was a huge test for the year 9 cohort. This year I decided to hold the test walk on the coast track in the Royal National Park, Sydney. The students were impressive with their navigating skills, walking pace and ability to carry extra water for the trip. The walk was stunning with large cliff lines and endless ocean landscapes. All students completed the 28kms in 2 days and carried at least 14kg each. Fantastic effort for them all.





The Silver test hike was a little different this year. Instead of heading bush I decided to have a surf awareness urban challenge in Sydney. Students provided me with a detailed itinerary of bus, train and ferry timetables, prices and all information regarding travel to and from Warriewood SLSC. We still had to walk a fair distance. The students experienced the best of the Northern Beaches, walking up to Barrenjoey Lighthouse, whilst walking past the “Home and Away” set as they were filming and getting caught in rips in the ocean. The return trip home to Goulburn, we walked from North Sydney, across the Harbour Bridge and had the “great race challenge” where students had to take a selfie of themselves in front of buildings I chose. Students displayed the behaviour and team work that Goulburn High should be very proud of.

Mark White

Duke of Edinburgh coordinator



HSIE Happenings

It's our last newsletter for a busy HSIE year. In week 7, a number of intrepid adventurers visited Lake Illawarra to undertake fieldwork related to Year 10s current study of Australia's coastlines. Students had the opportunity to observe and investigate in the real world processes and effects that they have been studying in class. Year 10 International Studies have been exploring various sports from around Asia, playing table tennis, Jianzi and learning a few martial arts moves.

We would like to extend our great thanks to Mr Kelly who has been a hardworking and enthusiastic member of the HSIE team. We wish him all the best next year as he takes on the challenges of teaching in Moree.

All the staff would like to extend their congratulations to all students for their successes throughout the year. We hope you have a restful and restorative break and come back refreshed and rearing to go in 2018.

Mr Mackay

Head Teacher HSIE





Year 10 Geography Trip to Lake Illawarra

On the 24th of November, some of the Year 10 class students took a trip down to Lake Illawarra to study the local area. The students were greeted by Garth, who is a Geography teacher in the area. The students walked around Windang Island near the inlet of the lake and tested out the remote control drone to take footage of the area. We then strolled along the beach that stretched along Windang Bay to take in the amazing views and clear water. After a long walk in the hot sand, we finally made it to the beach access pathway. Using some of the equipment provided to us by Garth, the students tested various methods of collecting coastal data such as plant locations on the beach, temperature and moisture.

We thank Garth for a great day out and wish him luck for his future.

The students on the day would like to thank Mr Mackay for driving down the coast and organising this amazing trip.

Lachlan Rutherford, year 10



Signs of violence

It is not always easy to identify if you or someone you know is experiencing violence or is in an abusive relationship.

Below is a list of signs of abuse. These behaviours are typical of the jealousy, controlling behaviour, put downs, threats and violence that occurs in abusive, disrespectful relationships.

- Unfairly and regularly accuses her of flirting or being unfaithful
- Controls how she spends money
- Decides what she wears or eats
- Humiliates her in front of other people
- Makes sexist jokes against women
- Monitors what she is doing, including reading her emails and text messages
- Discourages or prevents her from seeing friends and family
- Threatens to hurt her, the children or pets
- Physically assaults her (hitting, biting, slapping, kicking, pushing)
- Decides what she uses for birth control
- Constantly criticises her intelligence, mental health and appearance
- Isolation in the workplace

These are some examples of unacceptable behaviour. If you or someone you know displays or experiences these signs it might help to seek professional support.



National support services

1800 RESPECT – 24/7 service
1800respect.org.au
1800 737 732

Kids Help Line – 24/7 service
kidshelpline.com.au
1800 551 800

Lifeline – 24/7 service
lifeline.org.au
13 11 14

Mens Referral Service
1300 766 491

MensLine – 24/7 service
mensline.org.au
1300 799 978

National Disability Abuse and Neglect Hotline
1800 890 052

Police and Ambulance
000

Relationships Australia
1300 364 277

Sexual Assault Crisis Line
1800 806 292

Translating and Interpreting Service
tisonational.gov.au
131 450

For details of individual State and Territory services, please visit whiteribbon.org.au/support

How you can help

STOP

violence against women



See
Talk
Offer support
Prevent

 **White Ribbon**
Australia

See

Your actions are important in helping to stop violence against women.

Abusive and disrespectful behaviour can be witnessed in your community, amongst your friends or within your family. It could be someone yelling at a woman on the street or physically pushing someone around.

Below are actions to help you safely intervene and stop abusive behaviour:

► Learn the signs

Would you know if someone close to you is experiencing violence?

Visit www.whiteribbon.org.au to find more information on being an active bystander against violence.

► Be a witness

If you see someone being assaulted make sure you stop and be a witness. **Just being there can help.**

► Don't ignore

When you see someone being taken advantage of don't just turn a blind eye, stop and offer support – if needed call the police on **000** if there is risk of danger.

Talk

Words are part of disrespectful and abusive behaviour but words can also help stop abuse and prevent violence against women.

Here are some lines that might help you navigate a difficult conversation:

► "You're better than that"

Challenge their comments in a non-confronting way.

► "Mate, what if that was your mum or sister?"

Highlighting someone close can make it more relevant to the person.

► "It's not cool to say that. She has the right to wear that / say that / do that"

Remind them everyone has the freedom to make their own choices.

Asking a question can help people think about what they said and its impact on the person.

Talk to your mates about it... When sexist comments or behaviours occur point it out to your mates and start a conversation.

Offer support

Intervening doesn't mean putting yourself in danger.

Here are some helpful pointers on how you can safely stand up to violence against women when a situation has crossed the line:

► Be prepared to listen

Tell the person you're there to listen, that you believe them, and that it's not their fault.

► Refer someone to support

If you know that someone is experiencing violence let them know that there is support available, and it is ok to get the support.

► Get help

There's safety in numbers. If you see violence, ask someone nearby to support you in safely intervening.

► Call emergency services

If you see men's violence against women happening, call 000.

► Standby those who speak out

If someone you know is calling out a sexist joke, back them up.

Prevent

The first step to ending violence against women is prevention.

Below are some actions you can take to prevent men's violence against women:

► Have a think

What can you do every day to promote respect towards women?

► Understand

Educate yourself by doing White Ribbon Australia's free online e-learning course. Visit www.whiteribbon.org.au

► Talk about domestic violence

Don't be afraid to talk to your friends about domestic violence. Talking about an issue can help you understand it.

► Change your behaviour

If you identify disrespectful behaviour in your actions, make a change. Remember to be kind and considerate.

Hand out our STOP card to someone in need and help to stop violence against women

 **White Ribbon**
Australia

This brochure provides some examples of abuse and prevention tools, for further information visit www.whiteribbon.org.au

AUSTRALIA DAY

@ MARULAN 2018

LOADS OF
FREE KIDS
ACTIVITIES!

LIVE MUSIC FROM
MULWAREE HIGH
STUDENTS!

FIREWORKS!

FOOD TRUCKS ON SITE!

MARULAN SOCCER
GROUNDS

FRIDAY 26TH
JANUARY

- FESTIVITIES BEGIN AT 4PM WITH GOULBURN STREET PARADE
- OFFICAL CEREMONY FROM 4:15PM AT SOCCER GROUNDS
- FREE JUMPING CASTLE, FACE PAINTING AND MECHANICAL BULL RIDE
- ENTERTAINMENT FROM 5PM
- FIREWORKS DISPLAY 9PM